

Family Resource Directory

2018 - 2019

**Recursos para
las familias**



**Rolling Plains
Management Corporation
Head Start and Early Head Start**



Rolling Plains
Management Corporation

This Resource Directory is provided as a service to Head Start & Early Head Start families in Archer, Baylor, Cottle, Foard, Hardeman, Knox, Young, and Wilbarger counties by:

Rolling Plains Management Corporation
Head Start/Early Head Start
118 N. First Street
P.O. Box 490
Crowell, TX 79227

Please call your local Head Start/EHS Center
or
the Central Office at

(940) 684-1571 or 1-800-633-0852
if you are unable to locate the services you need.

*Rolling Plains Management Corporation is an equal opportunity
employer and provider.*

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Rolling Plains Management Corporation
118 N. First Street
Crowell, TX 79227
940-684-1571 or 1-800-633-0852

EMERGENCY ASSISTANCE
PROGRAMS

Programas de asistencia de emergencia
(Assist with emergency situations only)

POISON Control 1-800-222-1222

American Red Cross (call 24 hrs) 940-322-8686
1809 Fifth Street, Wichita Falls
*food, clothing, temporary shelter after a disaster
*serves Archer, Baylor, Cottle, Foard, Hardeman,
Knox, Wilbarger, Young

Helen Farabee Centers Crisis Intervention
Services are available 24-hours a day
1-800-621-8504

Runaway/Homeless Hotline 1-800-786-2929
1-888-580-4357

First Step - Domestic Violence 1-800-658-2685

2-1-1 North Texas (Wichita Falls)
Call 2-1-1 or 940-322-8638
*includes Archer, Baylor, Cottle, Foard,
Hardeman, Wilbarger, and Young counties

2-1-1 West Central Texas (Abilene)
Call 2-1-1 or 325-676-7065
*includes Knox county

ARCHER CITY
Salvation Army 940-631-4328
*by appointment

Thrift Store 940-574-4141
*call for hours

Ministerial Alliance-
First United Methodist Church 940-574-4983

First Baptist Church 940-574-4923
1st Tuesday of the month, 10-11 am
225 S. Central St, Archer City

Grace Community Church 940-574-4171
2nd Thursday of the month, call for times.

Interfaith Outreach Services 940-322-1365
1101 Eleventh St, Wichita Falls
Helps with food, rent, utilities, prescriptions,
diapers, medical equipment.
*serves Archer & Wichita counties

ARCHER CITY & HOLLIDAY
Harvest Food Ministry 940-631-8779
208 South Main Rd, Holliday
Distributes food the 4th Thursday of the month
Emergency boxes as needed.

Clothes Closet at First Baptist Church
110 Cedar Elm St, Holliday 940-586-1232

CROWELL
Christian Outreach Food Pantry
West on Hwy. 6 (old FCNC building)
2nd & last Thursdays each month 3:30 - 5:30 pm
Contact Kathy Sansom or Barbara Black

GRAHAM & OLNEY
Graham Area Crisis Center 940-549-6002
505 2nd St., Graham
*serves Graham and Olney

Graham Area Crisis Center Ministries
429 4th St., Graham 940-549-0411
*serves Graham and Olney



EMERGENCY ASSISTANCE
PROGRAMS continued:

GRAHAM

Graham Community Food Pantry
601 Indiana 940-549-0411
*serves Graham residents
Tuesday & Thursday 10 am-noon and 1-3 pm

KNOX CITY

Knox City Food Pantry Contact:
107 N. E. Second Street Gary Schnable
3rd Tuesday of month 940-658-3345

MUNDAY

Ministerial Alliance 500 Fir
* Food pantry, 3rd Thursday 940-256-0746

PADUCAH

Ministerial Alliance
First Methodist Church 806-492-3321
904 Tenth St,

First Baptist Church 806-492-3266
820 11th Street

Paducah Area Food Pantry

Applications are at First Baptist Church office.
Pantry is located at the back of the Rural Health
Clinic. Schedule of delivery is posted at the
Post Office.

OLNEY

Ministerial Alliance 940-564-5622
First United Methodist Church
110 W. Elm St., Olney

Church of Christ Service Center 940-564-5242
119 W. Main, Olney
*assists with food & clothing

Ministry of Help - Emergency food
First Baptist Church
929 Bluebonnet Dr, Olney 940-564-5594
Mondays, 8:30 am - 10:30 am



House of Mercy Enterprises
Christ centered non-profit homeless shelter/
rehab center. Serves Olney & surrounding
areas. 940-250-8403 940-250-9075

QUANAH

Ministerial Alliance Food Pantry
First United Methodist Church
1500 South Main St., Quanah
*open the third Monday of the month, 10:00
am to 12:00 noon. 940-663-6181

Kids Connection 940-663-2040
107 East 7th St., Quanah



**2-1-1 Texas is a free, confidential
hotline that connects
individuals with
local resources that provide
services such as child care,
housing, food, employment and
more.
Dial 2-1-1
OR
www.211texas.org**

EMERGENCY ASSISTANCE
PROGRAMS continued:

SEYMOUR

Ministerial Alliance 940-889-5252
Sacred Heart Catholic Church

SOHO 940-889-8408
(Seymour Organization Helping Others)
215 N. Washington, Seymour M - F, 9-noon

Church of Christ, 500 East Nevada Street
Food is available on the last
Thursday of the month at 3:30 pm
940-888-3413 or 940-888-1885

Salvation Army
Limited emergency funds 940-889-2943
Clifton Talley cell: 940-867-5738

VERNON

American Red Cross
Basement, Courthouse 940-322-8686
1701 Main, Vernon

USSV 940-552-8778
United Samaritan Services of Vernon
1708 Main, Vernon
*open Tues. & Wed. 10 am - 2 pm
Food, clothing, household items, gas

Church of Christ Benevolence Center
1900 Wheeler, Vernon 940-552-5437
*open Tues 9-11 am
Food, clothing. No money assistance.
*serves Wilbarger County

Cupboard by Grace 940-553-3925
First Presbyterian Church
2001 Yucca, Vernon
*assists with food. Open Mondays, 3:30 - 5:30
pm for Wilbarger county residents

St. Joseph Health Care Trust
Catholic Charities 940-716-9669
*assists with health care needs for area
counties

Salvation Army 940-886-8483
First United Methodist Church 552-6281
3029 Wilbarger St., Vernon
*open Tues. & Thurs. 9am-noon
Help with utilities & rent. NO phone bills.
Must complete application & provide income
documentation.

WICHITA FALLS

Salvation Army 940-322-9822
403 7th St., Wichita Falls
*provides short-term assistance. 9-3 M-F.
Serves Archer & Wichita counties

Faith Mission 940-723-5663
1300 Travis, Wichita Falls
*temporary shelter for men & couples

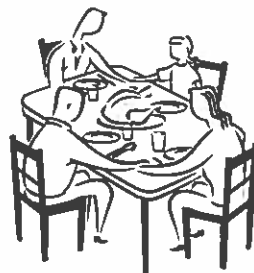
Faith Refuge for Women 940-322-4673
710 E. Hatton Rd., Wichita Falls
*temporary shelter for women & their children

Noah's Ark Ministry 940-264-6624
701 Harding St, Wichita Falls 11 - 4 pm
*provides food & clothing; some infant items
*does not pay bills
*Wichita County and surrounding areas

Evangel Temple 940-691-5501
3800 Barnett Rd., Wichita Falls
*food & clothing available on 3rd Saturday of
the month, 9:30 - 11:30 am

Children's Aid Society - Teen Emergency
Shelter, Wichita Falls 940-322-7671

First Step 24-hour 1-800-658-2683
624 Indiana, Suite 304, Wichita Falls
*emergency shelter for domestic violence &
sexual assault victims. Serves 12 area counties





Rolling Plains Management Corporation has three offices providing CEAP (energy assistance), Weatherization, and CSBG (emergency assistance).

A centralized intake application is available at all Head Start centers and on the RPMC website:

www.rollingplains.org
under "Programs."

RPMC Central Office:

**118 N. First Street
P. O. Box 490
Crowell, TX 79227
940-684-1571 or toll free: 800-633-0852**

- ♦ Provides CEAP (energy assistance) for Baylor, Cottle, Foard, Hardeman, Wilbarger, and Young counties.
Fax 940-684-1574
- ♦ Provides weatherization assistance for Baylor, Cottle, Foard, Hardeman, Knox, Wilbarger and Young counties.
Fax 940-684-1574
- ♦ Provides CSBG (emergency assistance) for Baylor, Cottle, Foard, Hardeman, Wilbarger, and Young counties.
Fax 940-684-1574

RPMC Wichita Falls office:

**1401 Holliday St, #206
Wichita Falls, TX 76301
940-723-2261 or toll free: 877-804-7372**

- ♦ Provides CEAP (energy assistance) for Archer, Clay, Jack, Montague, and Wichita counties.
Fax 940-723-2418
- ♦ Provides weatherization assistance for Archer, Clay, Jack, Montague, Wichita, Young, and Wise counties.
Fax 940-723-2412
- ♦ Provides CSBG (emergency assistance) for Archer, Clay, Jack, Montague, and Wichita counties.
Fax 940-723-2447

RPMC Abilene Office:

**807 N. Judge Ely Blvd.
Abilene, TX 79601
325-672-3969 or toll free: 877-450-7616**

- ♦ Provides CEAP (energy assistance) for Shackelford, Stephens, and Taylor counties.
Fax 325-672-8112
- ♦ Provides weatherization assistance for Brown, Callahan, Comanche, Eastland, Haskell, Jones, Kent, Knox, Shackelford, Stephens, Stonewall, Taylor, and Throckmorton counties.
Fax 325-672-8112
- ♦ Provides CSBG (emergency assistance) for Shackelford, Stephens, and Taylor counties.
Fax 325-672-8112



**HEAD START/ EARLY HEAD
START CENTERS**

Centros de Head Start/Early Head Start

ARCHER CITY - HS/EHS

Archer City Child Development Center
704 S. Ash
Archer City, TX 76351
940-574-2347

CHILLICOTHE - HS

Chillicothe Child Development Center
Ave. L & South 4th
Chillicothe, TX 79225
940-852-5521 Ext. 320, 319

CROWELL - HS/EHS

Foard County Neighborhood Center
424 E. Logan
Crowell, TX 79227
940-684-1878 ext. 8

GRAHAM - HS

Graham Child Development Center
1805 4th Street
Graham, TX 76450
940-549-6365

HOLLIDAY - HS/EHS

Holliday Child Development Center
751 College Drive
Holliday, TX 76366
940-583-4033

KNOX CITY - HS

Knox City Child Development Center
300 NE 4th Street
Knox City, TX 79529
940-658-3770

MUNDAY - HS

Munday Child Development Center
941 Bowie
Munday, TX 76371
940-422-5363

OLNEY - HS/EHS

Olney Child Development Center
207 Haggard Road
Olney, TX 76374
940-564-3239

PADUCAH - HS/EHS

Paducah Child Development Center
805 Richards Street
Paducah, TX 79248
806-492-3632

QUANAH - HS/EHS

Turner Child Development Center
219 East 3rd
Quanah, TX 79252
940-663-6823

SEYMOUR - HS

Seymour Day Care Center
301 N. East Street
Seymour, TX 76380
940-888-5232

VERNON - HS/EHS

Wilbarger County Preschool
926 East Paradise
Vernon, TX 76384
940-552-8156



**Early Childhood Learning and
Knowledge Center (ECLKC)**

<http://eclkc.ohs.acf.hhs.gov/hslc>

*for information about Head Start, Early
Head Start, early childhood resources, and
additional Head Start locations

CHILD CARE OPTIONS

Texas Child Care Search
TxChildCareSearch.org 1-800-862-5252

Workforce Solutions

North Texas Child Care

4309 Jacksboro Hwy, Suite 230
Wichita Falls

940-723-8774 or 1-800-232-8359

Provides subsidized child care to eligible families who are working, attending school, or participating in a training program.

Archer, Baylor, Clay, Cottle, Foard, Hardeman, Jack, Montague, Wichita, Wilbarger, and Young counties.

New Beginnings program at Vernon College offers financial assistance for child care and other expenses to students pursuing technical degrees and seeking employment.

940-552-6291, ext. 2325

ARCHER CITY

ACISD Child Daycare

519 S. Ash, Archer City 940-574-2888

*Open to the public, closed during July

CROWELL

FCNC Child Care

400 E. Logan 940-684-1571

GRAHAM

The Treehouse

810 Cherry St., Graham 940-521-0029

Kiddie Kottage

805 Cherry Street, Graham 940-549-1912

Bethel Daycare

209 Tennessee, Graham 940-549-1703

First United Methodist Church

709 2nd St, Graham 940-549-0970

HOLLIDAY

Country Campus

801 W. Olive St, Holliday 940-586-0102

KNOX CITY

Little Pups Daycare

711 S. 9th, O'Brien 940-657-3731

MUNDAY

Munday ISD Daycare 940-422-4321 ext. 5
1111 W. Main, Munday

OLNEY

Olney ISD Child Care

809 W. Grove, Olney 940-564-8672

*infant to school-aged children, open to the public

Olney CDC Daycare

207 Hagar Rd, Olney 940-564-3239

PADUCAH

Paducah CDC Child Care 806-492-3632

805 Richards St, Paducah

QUANAH

Tanna Reese Daycare home

808 West 4th St, Quanah 940-663-5742

Turner CDC Child Care

219 E. Third, Quanah 940-663-6823

SEYMOUR

Busy Bee Child Care

207 W. Pecan, Seymour 940-888-3607

Panther Pride

511 N. Tackitt, Seymour 940-636-8611

VERNON

Tot City

3700 Kelly, Vernon 940-553-1312

Yellow Rose Daycare

926 Paradise, Vernon 940-552-2223

First Step Childcare

2130 Fannin, Vernon 940-552-6654

Ms. Lynn's Daycare

2210 16th St, Vernon 940-552-7047



LIBRARIES and LITERACY

Bibliotecas

ARCHER CITY

Archer City-County Library
105 N. Center 940-574-4954

CROWELL

Foard County Library 940-684-1250
203 N. Main

GRAHAM

Graham Public Library 940-549-0600
1100 Cherry St.

HOLLIDAY

Holliday Public Library 940-586-0305
201 Main Rd.

MUNDAY

City-County Library 940-422-4877
121 East B

OLNEY

Olney Community Library & Art Center
807 Hamilton St. 940-564-5513
*Distance Learning available

PADUCAH

Public Library 806-492-2006
Courthouse

QUANAH

Thompson-Sawyer Public Library
403 W. 3rd 940-663-2654
*Distance Learning available

SEYMOUR

Baylor County Library 940-889-2007
Courthouse
*Adult Literacy offered

VERNON

Carnegie City-County Library
2808 Wilbarger 940-552-2462

WICHITA FALLS

Wichita Falls, Public Library
600 11th St, Wichita Falls 940-767-0868

Wichita Falls Adult Literacy Council
4309 Jacksboro Highway Suite 105
*certified tutors in Archer, Baylor,
Hardeman, Jack, Clay, Montague, Wilbarger
counties 940-766-1954



EDUCATIONAL/ TRAINING OPPORTUNITIES

Oportunidades de educación

Vernon College 940-552-6291
4400 College Dr., Vernon

*Internet courses available

*New Beginnings program offers financial
assistance for child care for students pursuing
career & technical education degrees. Ext.
2325

Vernon College Century City 940-696-8752
4105 Maplewood, Wichita Falls
Vocational training scholarship application:
940-716-9669 (Catholic Charities)

Vernon College Sheppard Learning Center
SAFB, Wichita Falls 940-855-2203

Vernon College Skills Training Center
Wichita Falls 940-766-3369

Vernon College Student Nursing Program
Seymour Learning Center
200 Stadium Dr., Seymour
940-889-3133 or 940-636-8752

Midwestern State University 940-397-4000
3410 Taft Blvd., Wichita Falls

University of North Texas
402 Sheppard Air Force Base
Wichita Falls 940-855-7587

Wayland Baptist College 940-676-0404
Sheppard Air Force Base 940-855-4322
4110 Call Field, Wichita Falls

Faith Refuge Career Academy
Trains women for the workforce,
open to the public. 940-322-4673
710 E. Hatton Rd, Wichita Falls



EDUCATIONAL/ TRAINING OPPORTUNITIES

continued:

North Texas Central College
Graham Campus 940-521-0720
928 Cherry Street, Graham
Vocational training scholarship application:
940-716-9669 (Catholic Charities)

Clarendon College 806-874-3571
1122 College Drive
P.O. Box 968
Clarendon, TX 79226

CC Childress Center 940-937-2001
1902 Ave G NW Ste. 2, Childress
Cisco College 325-794-4400
717 E. Industrial Blvd., Abilene, TX

Electrician Apprenticeship Program
6111 Jacksboro Hwy, Wichita Falls
M, T, W, TH 6 - 9 pm 940-322-1661

Plumbers & Pipefitters Apprenticeship Program
125 FM 369 N, Iowa Park 940-692-9731

Sheet Metal Workers Apprenticeship Program
4400 Jacksboro Hwy, Wichita Falls
940-691-0006

ITS Academy of Beauty 940-691-3875
Sikes Center Mall, Suite 101, Wichita Falls

Job Corps 817-625-3993
Training for ages 16-24

Christian Men's Job Corps (For all ages)
2301 9th St, Wichita Falls 940-687-0601

West Texas Area Health Education Center
3702 Loop 322, Abilene 325-672-0495
Provides assistance in health care education.



**For information about
Federal Student Aid,
see page 33.**

GED/ESL Classes Clases de GED/ESL



Region 9 Education Center
Wichita Falls 940-322-6928
*arranges for ESL, GED, Distance Learning

Region 17 Education Service Center
Lubbock 806-281-5750
adulted@esc17.net

CHILLICOTHE
ESL
Chillicothe High School 940-852-5391

GRAHAM
GED
Texas Workforce Solutions
924 Cherry St, Graham 940-549-6363
ESL classes
Crestview Elementary 940-549-6203

KNOX CITY/MUNDAY
Distance Learning
Knox City High School 940-657-3565

GED & ESL
Stamford Adult Education Program
301 S. Weatherby, Stamford 325-370-3549
*Serves Knox County area 325-773-4082

PADUCAH
GED
Childress High School 940-937-6131
800 Ave. "J" NW, Childress, TX
*serves Cottle County, Mondays 6 - 9 pm

SEYMOUR
GED
Seymour Jr. High School 940-889-2947
409 W. Idaho, Seymour

QUANAH
Distance Learning
Thompson-Sawyer Library 940-663-2654
403 W. 3rd St, Quanah

VERNON
GED
Vernon College 940-552-6291 #2317
4400 College Drive, Vernon
Room 308 Biggs Arts & Science Bldg.
ESL Classes
Vernon High School 940-553-3377



EMPLOYMENT **Oportunidades de** **empleo**

Texas Workforce Commission offers career development information, job search resources, training programs and unemployment benefits.
www.twc.state.tx.us

Career Information Hotline 1-800-822-7526
www.workintexas.com

CROWELL

Texas Workforce Commission Mobile Unit
Foard County Courthouse, Crowell

GRAHAM & OLNEY

Texas Workforce Commission 940-549-6363
924 Cherry St., Graham 1-866-549-6363

PADUCAH

Texas Workforce Commission Mobile Unit
Cottle County Courthouse, Paducah

QUANAH

Texas Workforce Commission Mobile Unit
Hardeman County Courthouse, Quanah

SEYMOUR

Texas Workforce Commission Mobile Unit
Baylor County Courthouse

VERNON, QUANAH & CHILLICOTHE

Texas Workforce Commission
1700 Wilbarger (Courthouse Room B-7)
Vernon, TX 76384
940-552-5211 or 1-800-888-5079

CHILDRESS

Texas Workforce Commission
(Job Corps Program) 940-937-6171
2000 Ave. "G" NW, Childress

WICHITA FALLS

Texas Workforce Commission
4309 Old Jacksboro Hwy. Suite 300
940-322-1801 or 1-800-333-8209

SERVICES FOR PERSONS WITH **SPECIAL NEEDS**

Servicios para las personas con **necesidades especiales**

*For children with educational needs related to
speech, hearing, and learning:*

Wilbarger Special Education Co-op
1713 Wilbarger, Vernon, TX 940-553-1900

Big 4 Co-op 940-564-5614
121 N. Grand Ave, Olney, TX
*serves Olney, Archer City, and Seymour

Greenbelt Shared Services Arrangement
601 W. 7th St., Quanah, TX 940-663-6321
*serves Quanah, Chillicothe, and Crowell

Rolling Plains Shared Services Arrangement
Drawer 310, Matador, TX 806-347-2663
*serves Paducah

Haskell-Knox Shared Services
P. O. Box 159, Knox City, TX 940-658-3587
*serves Munday and Knox City

Graham Independent School District
1001 Kentucky, Graham 940-549-3399

Rehabilitation/Early Childhood Services:

Helen Farabee Center (ECI)
1709 Tenth St
Wichita Falls, TX 940-696-6200
Early Childhood Intervention, educational
rehab, speech therapy, physical therapy
*serves Archer, Baylor, Foard, Hardeman,
Wilbarger, and Young counties

Hardeman County Rehab 940-663-6132
305 W. Third St, Quanah
* offers ST, PT, OT to children and adults.

Green Apple Therapy 940-228-2448
*offers pediatric therapy services in rural areas
including Seymour.



SERVICES FOR PERSONS WITH SPECIAL NEEDS continued:

West Texas Centers: Little Lives ECI
1104 Henderson 325-236-6821
Sweetwater, TX 79556 1-800-852-2193
*serves Knox and Cottle Counties

Children with Special Health Care Needs
6515 Kemp Blvd., Wichita Falls
*serves 12 counties including Archer, Baylor,
Foard, Knox, Cottle, Hardeman, Wilbarger,
Cooke, Wise, Clay, Montague, & Wichita
Counties. 940-689-5930
Main office is in Abilene at 4601 S. First St,
Suite L, which serves Young county and other
counties when needed. 325-795-5869

The Child Study Center of Fort Worth
1300 W. Lancaster Ave., #100
Ft. Worth, TX 817-336-8611
www.cscfw.org

Scottish Rite Hospital for Children
2222 Welborn Street, Dallas, TX
*Pediatric center for the treatment of orthopedic
conditions and learning disorders. Admission is
open to Texas children from birth to age 18. No
charge for treatment at the hospital.
214-559-5000 or 1-800-421-1121

United Regional Health Care System
1600 Eleventh St, Wichita Falls 940-764-7000
Education services provided

Health South Rehabilitation Hospital
3901 Armory Road 1-800-452-9578
Wichita Falls, TX 940-720-5700
*provides services for adults

West Texas Rehabilitation Center
4601 Hartford, Abilene, TX 325-793-3400
*outpatient rehab for children & adults

Olney Rehab Center
102 South Ave. M, Olney 940-564-3188
Out-patient rehabilitation services

North Texas Rehab Center
1005 Midwestern Pkwy, Wichita Falls
*Rehab for children & adults 940-322-0771

Hendrick Center for Rehabilitation
1934 Hickory St, Abilene, TX
*provides rehabilitation services for stroke,
bone, joint, and muscular disorders, and
work-related injuries. 325-670-6000

Work Services Corporation 940-766-3207
3401 Armory Road
Wichita Falls
*Career development and employment
services for people with disabilities in North
Texas

Disability Resources, Inc.
3602 North Clack
Abilene 325-677-6815
*Therapy & vocational center for people with
developmental disabilities
*serves Knox county & area

Social Security Administration
1-800-772-1213
*See page 17 for full listing.



DARS Division for Rehabilitation Services
Texas Department of Assistive and
Rehabilitative Services

Wichita Falls Office 940-235-1710
425 Lamar St, Suite 1700
*serves Archer, Hardeman, Wilbarger
counties

DARS Division for Rehabilitation Services
609 South Street
Graham 940-550-7830 or 1-800-269-2684
*serves Archer, Baylor, Cottle, Foard, Knox,
Young counties

DARS Division for the Blind Services
Vocational Rehabilitation
Millenium Towers
3709 Gregory, Suite 102 940-689-2740
Wichita Falls 1-800-687-7045
*serves Archer, Baylor, Cottle, Foard,
Hardeman, Wilbarger, Young counties

Beacon Lighthouse, Inc. 940-767-0888
300 Seventh St. 1-800-262-6412
Wichita Falls
*employs people with blindness and visual
impairments



MENTAL HEALTH SERVICES

Servicios de salud mental

Helen Farabee Regional MHMR Centers

provide Mental Health & Mental Retardation
Services for adults, children, adolescents
24 Hour Crisis Intervention 1-800-621-8504
Intake 1-800-669-4166

Helen Farabee MHMR Center
500 Broad St., Wichita Falls, TX
*serves Archer City 940-397-3300

Helen Farabee MHMR Center
1720 Fourth St., Graham, TX 940-549-4896
*serves Olney and Graham

Helen Farabee MHMR Center
510 King St, Quanah, TX 940-663-5366
*serves Quanah, Chillicothe and Crowell

Helen Farabee Regional MHMR Center
2500 Wilbarger St., Vernon, TX
*serves Vernon 940-553-4002

Helen Farabee Regional MHMR Center
1201 N. First St., Haskell, TX
*serves Seymour, Knox City, Munday
*at 301 N. Washington, Seymour on
Wednesdays 940-864-3472

Helen Farabee Regional MHMR Center
100 Third St. NW, Childress, TX
*serves Paducah 940-937-3644

Counseling Services, Catholic Charities of Fort Worth, Northwest Services:

Veteran's Counseling, Catholic Charities.
Mental health services for veterans and their dependent families. 940-716-9669
Eligibility requirements do apply.

Clinical Counseling, Catholic Charities
Mental health services for children, adolescents, adults, couples, and families. Sliding scale fee and financial assistance is available.
940-716-9669

GRAHAM

Graham Psychological Associates
617 Third St., Graham 940-549-2259
*accepts Medicaid, most insurances

Virginia's House 940-549-9829
729 Elm St, Graham
*Youth mentor program, children's
advocacy, victim's advocacy, CASA
*Young, Stephens, Throckmorton counties

OLNEY

Hamilton Hospital Heritage Program
Outpatient mental health program for adults
over 55. 940-564-3999

QUANAH

Hardeman County Memorial Hospital
The Alternatives Program
*Outpatient mental health program for older
adults
940-663-2100 or 1-866-308-8500

SEYMOUR

Randal Wellness Center 940-889-4259
511 East Ingram St, Seymour
*Mental health treatment for seniors

VERNON

Family Counseling Center
Sue Davis, M.Ed., L.P.C. 940-553-1631
1914 Paradise, Vernon
*accepts Medicaid

Wilbarger General Hospital
The Alternatives Program
*Outpatient mental health program for older
adults 940-552-9351

Texoma Batterers Intervention & Prevention
Program 1-800-658-2683
Grace Episcopal Church 940-552-7008
*Provides counseling services to batterers,
protection for victims, & educates the
public.



MENTAL HEALTH SERVICES

continued:

WICHITA FALLS

STARRY Counseling 940-386-9546

1417 Ninth St, Wichita Falls

*for children up age 17 & their families

Hotline: 844-229-2034

Rose Street Mental Health Center

1808 Rose, Wichita Falls 940-322-9456

*for children, teens, & adults

Red River Hospital & Behavioral Health
Services Toll Free 800-234-5809

1505 8th Street, Wichita Falls 940-322-3171

*Acute in-patient adult programs, acute care
for adolescents, progressive acute care for
geriatric patients, dedicated military unit.

24/7 no charge assessments & transportation

North Texas State Hospital 940-692-1220

6515 Lake Rd., Wichita Falls

*mental illness/mental retardation services

First Step Women's Shelter & Sexual
Assault Counseling

24-Hour Hotline 1-800-658-2683

*assists all area counties 940-723-7799

*translator available

*free & confidential comprehensive services
for survivors of domestic violence & sexual
assault.

Taft Counseling Center 940-691-1899

4722 Taft Blvd, Suite 2, Wichita Falls

*Non-profit counseling, accepts Medicaid &
CHIP for marriage, family, individual coun-
seling

Patsy's House Children's Advocacy Center

1411 Tenth St, Wichita Falls 940-322-8890

*Child abuse counseling. English/Spanish

Christ Counseling Ministries - CCM Inc.

1420 Twin Oaks, Wichita Falls

*Non-profit professional counseling for
individuals & families 940-696-0181



Community Healthcare Center

200 Martin Luther King Jr. Blvd.

Wichita Falls 940-766-6306

*Counseling for children & adults

SURROUNDING AREA

The Noah Project

P. O. Box 52, Haskell, TX

940-864-2551 or 1-800-444-3551

*provides family violence counseling, emer-
gency shelter, emergency transportation, 24-
hour crisis hotline, legal assistance, referral
services, outreach and follow-up, assistance
with medical care.

NOAH Project

325-676-7107

1802 Grape St.

Abilene

*Family Violence Shelter, legal advocacy

*serves Knox county and area



STAR Youth & Family Services

Skills Building counseling for youth (0 - 17
years of age) and their families. Free ser-
vices.

Archer City, Graham, Olney are served by
Starry Counseling, Wichita Falls

940-386-9546

Chillicothe, Crowell, Quanah, Paducah are
served by Catholic Charities, Vernon

940-553-2155 or 940-839-7084

Knox City, Munday are served by Catholic
Charities, Haskell

940-473-8193

Seymour, Vernon are served by Catholic
Charities, Vernon

940-553-3334 or 940-473-9877

Catholic Charities, Main Office (Lubbock)

806-765-8475

SUPPORT GROUPS

Asistencia

Association for Retarded
Citizens (The ARC)
3115 Buchanan, Wichita Falls
*provides support, respite, recreation,
educational activities 940-692-2303

Alzheimer's Association 1-800-272-3900
*serves all areas

Alzheimer's Support of Vernon
In the process of forming a group.
For information, call 940-767-8800

Hospice of Wichita Falls
4909 Johnson Rd, Wichita Falls
1-800-378-2822 940-691-0982
*Building Bridges Program for grieving
children, teens, and their families
*Wings of Hope for grieving parents and grand-
parents

Families for Autism Support of Texoma
<http://www.autismwf.com>
autismparent2parent@gmail.com

Childress Regional Medical Center Hospice
901 Hwy 83, Childress 940-937-6371
*grief counseling available
*includes Cottle County

Muscular Dystrophy Association
2910 Kemp 209
Wichita Falls 940-696-5581
*support and education
*serves Archer, Baylor, Foard, Hardeman,
Wilbarger, Young counties

Camp Sweeney, near Gainesville
Summer camp sessions for children, ages 5-18,
with diabetes or at risk of developing
diabetes are invited to attend. 940-665-2011

Parent Talk Line 1-844-KIDS-211
Free and confidential talk line is available 24
hours a day, 7 days a week for anyone needing
help with a child.

North Texas Area Special Olympics
710 Lamar, Suite 430 940-692-2986
*provides year-round training for children &
adults with mental & physical challenges
*serves Archer, Baylor, Foard, Hardeman,
Know, Wilbarger, Young counties

Texas Lions Camp 830-896-8500
4100 San Antonio Hwy, Kerrville, Texas
www.lionscamp.com
*summer camp for children with physical
disabilities and type 1 diabetes and cancer

Wilbarger County Cancer Support Group
Wilbarger General Hospital 940-357-0231
c_campbell74@yahoo.com

Wichita Cancer League 940-723-1012

Sudden Infant Death (SIDS) 940-764-8228



MEDICATION SAVINGS PROGRAMS

Descuentos en medicamentos recetados

Needy Meds Drug Discount Card
www.needymeds.org

Community Assistance Program
www.caprpxprogram.org/

Walmart Pharmacy - offers one month gener-
ic Rx for \$4.00; 3-month generic for \$10.00

Kids Free Vitamin Program
Hillcrest Pharmacy 940-552-9501
1015 Hillcrest Dr., Suite B, Vernon
* for children ages 2 - 12

OTHER ASSISTANCE AGENCIES AND ORGANIZATIONS

Otros organizaciones de asistencia

Texas Department of Human Services

**application and processing for TANF, Food Stamps, Medicaid*

DADS

Texas Department of Aging and Disability Services - Long term services and supports for the aged and disabled.

TDHS

210 W. Main, Olney, TX
940-564-2396

**serves Olney*

TDHS

1531 Cumberland, Vernon
940-552-6238 ext. 2240

**serves Chillicothe, Crowell, Paducah, Quanah, and Vernon*

TDHS

500 S. 10th St, Haskell
PO Box 817, Haskell
940-864-2694

**serves Knox City and Munday*

TDHS

1202 Packing House Rd., Graham
940-549-1371

**serves Graham*

TDHS

115 W. Morris, Seymour
940-888-3536

**serves Seymour*

TDHS

925 Lamar 866-535-9759
Wichita Falls 940-235-1995

**serves Archer, Baylor, Cottle, Foard, Hardeman, Wilbarger, Young counties*

TDHS website:

www.yourtexasbenefits.com

TO REPORT ABUSE/NEGLECT of CHILDREN-ELDERLY-DISABLED

Texas -- 1-800-252-5400 or

www.txabusehotline.org

National -- 1-800-422-4453

If Life-threatening, call 911

Texas Department of Family & Protective Services (Child and Adult Protective Services)

DFPS

925 Lamar Street
Wichita Falls, TX. 76301
940-235-1905

**serves Archer City*

DFPS

1202 Packing House Road, Graham
940-549-1371

**serves Graham and Olney*

DFPS

1513 Cumberland,
Vernon, TX 76384
940-553-1666

**serves Chillicothe, Crowell, Paducah, Quanah, and Vernon*

DFPS

500 S. Tenth Street
Haskell, TX 79521
940-864-1101

**serves Knox City, Munday, Seymour*



**Wichita Falls Area Food Bank, Social
Services helps people apply for Medicaid
programs, and SNAP (Food Stamps).**

940-766-4429

OTHER ASSISTANCE AGENCIES

Continued:

ARCHER CITY

Indigent Health Care 940-574-2245
Archer County Courthouse

Interfaith Outreach services

1101 11th St, Wichita Falls 940-322-1365
Serves Archer County. Assists with housing,
utilities, food, prescriptions, diapers

GRAHAM

Young County Indigent Health Care
628 Third, St., Graham 940-549-2163
*serves Graham and Olney

H.O.P.E, Inc. - Helping Olney Possess Excellence

1006 Arbor, Olney 940-564-4673
*After school program
*Back Pack (school supplies)
*Parents as Teachers

The Refuge - Christian Community Center
1418 W. Elm, Olney 940-564-4673
*Youth activities M-Sat, 12-8 pm

VERNON

Vernon Boys & Girls Club
2015 Yamparika, Vernon 940-552-2961
*provides activities for boys/girls ages 5-14.
*extended daycare/youth enrichment programs

Town North Learning Center
2602 McKinney St, Vernon 940-473-5144
* Education and information center

WICHITA FALLS

Social Security Administration
4314 Wendover St, Wichita Falls, TX 76309
940-689-9240 or 1-866-815-9605
Located off Kell West on Wendover Street
between McNeil and Fairway
Hours: M, T, Thurs, Fri 9 am to 4 pm;
Wed 9am to 12 pm
Serves all area counties - www.ssa.gov/

Alzheimer's Association North Central Texas
Chapter, 901 Indiana, Wichita Falls
*serves 40 counties including Archer, Baylor,
Cottle, Foard, Hardeman, Knox, Young,
Wilbarger. 940-767-8800

Wichita Falls Area Food Bank
Social services department links families to
State assistance program and "back pack" pro-
grams. wfab.org 940-766-2322
Social services: 940-636-8240 or 940-249-4962

Alzheimer's Diagnostic Clinic
3300 Seymour Hwy, Wichita Falls
*serves 40 counties including Archer, Baylor,
Cottle, Foard, Hardeman, Knox, Young,
Wilbarger. 940-322-1131

AIDS/HIV/Hepatitis C/STD Counseling & Testing --

Wilson Family Planning Clinic
*serves Wichita, Archer, Young, Wilbarger
940-723-0755 or 1-800-366-0755

Wichita Falls Health Department 940-761-7800
Texas Hotline 1-800-299-AIDS
National Hotline 1-800-344-7432 Spanish

AIDS Resources of Rural Texas (ARRT)
Aids/HIV Prevention, Testing, Medical
Services, Counseling 325-673-9987
3116 N. 1st St., Abilene
*serves Knox County

Adopt-A-Box
4724 Kemp Blvd, Wichita Falls 940-723-7070
*Provides basic personal grooming & hygiene
products for area students.

Better Business Bureau (BBB)
940-691-1172 or 1-800-388-1778

Veteran Service Office 940-716-8599
Wichita County Courthouse Annex
600 Scott St, Suite 203, Wichita Falls
M - F 8 am to 5 pm, closed 12-1 pm

SURROUNDING AREA

Consumer Credit Counseling Service of Dallas
Non-profit agency providing financial
counseling, education, & professional debt
relief plans. Over-the-phone counseling is
offered. 1-800-380-2227

Regional Crime Victims' Crisis Center
Abilene 325-677-7895
Assists victims and survivors of violent crimes
and violence prevention

Centers for Children and Families
Abilene 325-690-0188
Provides post adoption services for all area
counties. Funded by the State of Texas.



LEGAL ASSISTANCE

Texas Attorney General Child Support
Division

813 8th St., Suite 300, Wichita Falls
940-322-2557 or 1-800-687-8205

*for information – www.oag.state.tx.us

Legal Aid of North West Texas
710 Lamar Street, Ste.300, Wichita Falls
Provides free civil legal service for low income
families in Archer, Baylor, Childress, Clay,
Cottle, Foard, Hardeman, King, Knox, Wichita
& Wilbarger counties.

940-723-5542 or toll free 800-926-5542

TexasLawHelp.org—provides legal infor-
mation on civil matters

Texas Legal Services Center : tlsc.org

CASA of Wichita Falls
Court Appointed Special Advocates
808 Austin St, Wichita Falls 940-766-0552
www.casawf.org

*Advocates for children who are in the court
system as victims of child abuse/neglect.

North Star CASA - Virginia's House
729 Elm, Graham 940-549-9829

CRIME STOPPERS



Foard County Crime Stoppers 684-1800

Hardeman County Crime Stoppers 663-5496

Vernon Crime Stoppers 552-5011

Seymour Crime Stoppers 888-8477

**Stopping Crime is Every Citizen's
Responsibility**

*You do not have to give your name and you
could earn a cash reward.*

COUNTY EXTENSION

Texas Agri-Life Extension Service
Agentes de extensión County

ARCHER COUNTY

Archer County Courthouse 940-574-4914
Archer City, TX 76351

BAYLOR COUNTY

500 N. Main 940-888-5581
Seymour, TX 76380

COTTLE COUNTY

Cottle County Courthouse 806-492-3151
Paducah, TX 79248

FOARD COUNTY

Foard County Courthouse 940-684-1919
Crowell, TX 79227

HARDEMAN COUNTY

Hardeman County Courthouse
Quanah, TX 79252 940-663-6301

KNOX COUNTY

Knox County Courthouse 940-459-2651
Benjamin, TX

WILBARGER COUNTY

Wilbarger County Courthouse
Vernon, TX 76384 940-552-5474

YOUNG COUNTY

3201 Hwy 16 South 940-549-0737
Graham, TX



AREA DOCTORS/CLINICS

Médicos/clínicas

ARCHER CITY

Archer Family Clinic 940-574-2580
404 E. Chestnut, Archer City
Dr. Johnson
Randi Rowe, RN, ACNP-BC

CHILLICOTHE

Chillicothe Medical Center 940-852-5131
303 Ave. I, Chillicothe

Chillicothe Hospital 940-852-5531
303 Ave. I, Chillicothe

CHILDRESS

Fox Rural Health Center 940-937-3636
1001 US Hwy 83 North

CROWELL

Foard County Medical Clinic 940-684-1515
200 N. First, Crowell

GRAHAM

Graham Regional Medical Center
1301 Montgomery Rd, Graham 940-549-3400

Young County Family Clinic

820 Montgomery, Ste 202
Graham 940-549-7741
Dr. Daniel Kinzie
Kari Bullard FNP
Cathy Gresham FNP

Graham Medical Associates:

1339 East Street, Graham 940-521-5500
Dr. John Lucas
Dr. Hal Huffman
Dr. Steve Jones
Dr. Patrick Martin
Leah Smith NP
Mary Hiatt NP

Dr. James Cawley
820 Montgomery Road, Suite 203
940-549-8505 or 1-800-821-2341
Gynecology/Infertility, Obstetrics

Young County Indigent Health Care
516 4th St., Ste. B5, Graham 940-549-2163
*serves Graham and Olney

Faith Family Practice 940-521-5353
820 Montgomery St, Ste 205
Graham

Graham Regional Home Health/Hospice
523 Elm St., Graham
940-549-9704 or 1-800-460-0294

Graham Hearing Aid Center
1714 Hwy. 16 South, Graham
940-459-5452 or 1-800-320-1611

KNOX CITY

Knox County Hospital Clinic 940-657-3906
Dr. Sloan
712 S. 5th, Knox City

Knox County Hospital 940-657-3535
701 S. 5th, Knox City
Dr. Ezekiel Duke
Chris Scott, FNP-C

MUNDAY

Munday Clinic 940-422-5271
Dr. Kevin Finley
Chris Scott FNP-C
131 S. Munday Avenue, Munday

Knox County Hospital 940-657-3535
701 S. 5th, Knox City



AREA DOCTORS/CLINICS

continued



OLNEY

Hamilton Hospital 940-564-5521
901 W. Hamilton, Olney

Hamilton Hospitality House 940-564-5521
Provides temporary lodging for out of town families of patients in the hospital.

Olney Family Clinic 940-564-3546
100 S. Ave. M, Olney
Dr. Mark Mankins
Dr. Aaron Purdy
Dr. Jeremy Johnson
Dr. Aaron Purdy
Dr. Alfred Santos
Carol Davidson, RN, FN-BC

Near PADUCAH

Fox Rural Health Clinic 940-937-3636
1001 Hwy 83 N, Childress

Childress Regional Hospital 940-937-6371
901 Hwy 83 N, Childress

QUANAH

Hardeman County Clinic 940-663-6651
404 Mercer, Quanah
Dr. Kevin Lane
Dr. Trevor Rohm

Hardeman County Memorial Hospital
402 Mercer, Quanah 940-663-2795

SEYMOUR

Seymour Hospital 940-889-5572
200 Stadium Drive, Seymour

Seymour Rural Health Clinic 940-889-5583
201 Stadium Drive, Seymour
Dr. Toni Chu, Pediatrician

VERNON

Wilbarger General Walk-In Clinic
4301 College Dr., Suite 800, Vernon
Open Monday through Friday from
10 am to 6:30 pm

*no appointment required 940-552-2604

Wilbarger General Hospital 940-552-9351
Rehab Dept. 940-553-2857
920 Hillcrest Dr., Vernon

Dr. Robert Borchardt
Chad Brownlow, RN, BSN, FNP
4301 College Drive, Vernon 940-552-5495

Dr. Adanna Amechi-Obigwe 940-552-2530
1015 Hillcrest Dr, Vernon

Lindsay Streit, RN, MSN, FNP 940-553-2140
4301 College Dr., Suite 600, Vernon

Dr. Randall Schaffner 940-552-0552
4301 College Dr., Suite 300, Vernon

Dr. Reynaldo Tolentino 940-552-8000
4301 College Dr., Suite 500, Vernon

Dr. John Lang - General surgery 553-2892
4301 College Dr, Suite 200, Vernon

Dr. Travis Lehman 940-553-2890
4301 College Dr. Suite 400, Vernon

Dr. Kida Thompson 940-553-2892
4301 College Dr, Suite 200, Vernon

Kimberly Babb, RN, MSN, FNP 940-553-2890
4301 College Dr. Suite 400, Vernon

Veronika Harris, BSN, MSN, FNP 940-553-2890
4301 College Dr, Suite 400, Vernon

Dr. Rosario Carreon 940-553-4333
1000 Garland Johnston Dr, Vernon

Wilbarger General Dialysis of Vernon
1000 Garland Johnston Dr.
Vernon 940-553-2960

Specialist Physicians Clinic 940-552-0968
4301 College Dr., Vernon

Dr. Venkat Thota, Cardiologist
Dr. Michael Toulon, Urologist
Dr. Steven Wilson, Orthopedist
Dr. Jeff Duncan, Orthopedist
Dr. Shezadi Nagra, Infectious Disease
Dr. Jayasankar Reddy, Internal Medicine & Nephrology



AREA DOCTORS/CLINICS continued

HOLLIDAY

Holliday Community Health Clinic
310 S. Main, Holliday 940-592-4141

WICHITA FALLS

Meyers Brace & Limb
804 Brook St., Wichita Falls
940-723-2868 or 1-800-283-4714

Dr. Jesus Ucol 940-761-5437
4031 Medical Dr., Wichita Falls

Dr. Terry Johnson 940-723-5437
1518 Tenth, Wichita Falls

Dr. Rao 940-691-5027
1718 10th Street, Wichita Falls

Community Health Care Center
200 Martin Luther King, Jr. Blvd., Wichita Falls 940-766-6306
*accept most insurances; sliding scale for uninsured

T.B. Chest Clinic
Wichita Falls Health Department
4109 Lenore Dr., Wichita Falls
940-761-7800

Diabetes Education
WFalls Health Department 940-761-7800
United Regional Hospital 940-764-8190

Pediatric Associates 940-696-1600
4420 Kimbell Dr. Wichita Falls

Clinics of North Texas 940-766-3551
Pediatrics 940-397-5437
501 Midwestern Pkwy East, Wichita Falls

United Regional Health Care Hospital
1600 11th St., Wichita Falls 940-764-7000

Rathgeber Hospitality House
1615 12th St., Wichita Falls 940-764-2400
*donation based hotel for out of town families of patients at United Regional Health Care

Hospice of Wichita Falls
4909 Johnson Road, Wichita Falls
940-691-0982 or 1-800-378-2822

AREA DENTISTS **Dentistas**



HASKELL

Dr. Clifford Ray
601 S. 1st, Haskell 940-864-3485
*accepts Medicaid

GRAHAM

Austin Road Dental Clinic 940-549-5171
901 Austin Rd., Graham
Dr. David Scott, DDS
Dr. Jamie Reeves, DDS

Cliff Dental Clinic 940-549-6092
501 Cliff Dr., Graham
Dr. Thomas L. Tate

Smile Mart 940-228-3070
2206 State Hwy 16 S, Graham

Dr. C.L. Sonnenberg 940-549-0350
1317 East St., Graham

Twelve Oaks Dental Clinic 940-549-2183
401 Oak Street, Graham
Dr. Jamie Epperson

OLNEY

Dr. Timothy Sweeney
Dr. Lauren Sweeney
305 W. Main St. 940-364-4470
*accepts Medicaid

QUANAH

Rolling Plains Family Dentistry
Dr. Matthew Kolar 940-663-5353
104 West Third, Quanah
*accepts Medicaid-Denta Quest

Dr. Jay Parmer
1108 W. 11th, Quanah 940-663-5880

SEYMOUR

Dr. Michael Newman 940-889-4444
103 E. Nevada, Seymour
*accepts Medicaid

VERNON

Dr. Matthew Kolar 940-552-5477
2122 Texas Street, Vernon

Vernon Smiles
4109 Hillcrest Dr., Vernon 940-552-2269

AREA DENTISTS continued:

Vernon Dental Group 940-553-3300
1620 Hillcrest Dr., Vernon

WICHITA FALLS

Dr. Richard Guess 940-692-8100
2721 Southwest Pkwy, Wichita Falls

Dr. James Brosch 940-322-5211
805 Broad, Wichita Falls

Dr. Kenneth Aboussie 940-723-6677
2300 Harrison, Wichita Falls
*accepts Medicaid

Dr. Horace Boston 940-723-7171
1709 10th St., Wichita Falls
*accepts Medicaid

Dr. Bobby Battles 940-761-5979
2120-A Virginia Dr., Wichita Falls
*accepts CHIP

Dr. Stanton Key, Orthodontist
Key Orthodontics
1107 Indiana, Wichita Falls 940-549-5142

Community Healthcare Center -
Dental Clinic 940-322-4297
110 Lee Street, Wichita Falls

Midwestern State University 940-397-4597
MSU Dental Program
College of Health Science
*Adult cleanings, etc. free or discounted

Spearmint Dental 940-691-4867
3201 Lawrence Rd. Suite 375
Wichita Falls
*accepts Medicaid for children

Kool Smiles 940-228-0963
3711 Gregory, Wichita Falls
*appointments only; age 20 and under
*accepts Medicaid, CHIP, Tri-Care & more
*Saturday appointments available

Kool Smiles of Abilene 325-480-0302
4754 South 14th St, Abilene
*serves Knox county and area



DENTISTS PROVIDING MAJOR DENTAL WORK FOR CHILDREN WITH MEDICAID:

Children's Dentistry of Wichita Falls
4021 Rhea Road, Wichita Falls
Dr. Lee 940-613-0210

Dentistry 4 Kids 940-691-5027
Dr. Divya Venkataraman
1 Eureka Circle, Suite 103, Wichita Falls
*does children's dental surgery

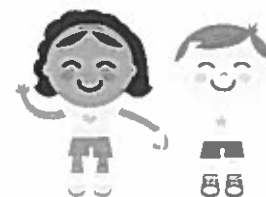
Big Country Family Dental
601 S. First St, Haskell 940-864-2404
Dr. Jason Mahoney
Dr. Shane Schmidt

Dr. Kouri, DDS 817-732-2821
2921 Lackland Rd., Fort Worth

Dr. Stanley T. Ngo, DDS, PA
Dr. Mia C. Tran, DDS
9780 Walnut St., #188, Dallas 469-330-9968

Dr. John R. Gober 817-428-8575
5708 Colleyville Blvd., Suite A, Colleyville

Dr. John S. Johnson 806-687-8080
5102 Salem Ave., Lubbock
*children's dentist for oral surgery



AREA EYE DOCTORS

Médicos de ojo



CHILDRESS

Family Eye Care 940-937-2015
125 Ave B NW, Childress

Lendon Davis OD
500 2nd Street NE, Childress
940-937-6191 or 1-800-290-6190

GRAHAM

Graham Optical 940-549-6729
1804 A-Hwy 16 South, Graham

Matlock Optical
1529 Hwy 380 Bypass, Graham
940-549-1621 or 1-800-460-5780

Dr. David Nethery, Ophthalmology
Graham Medical Associates Specialty clinic
1339 East Street, Graham
1-866-638-4379 or 1-817-423-1800

Graham Eye Care 940-549-1800
2200 Hwy 15, Graham

HASKELL

Jones-Haskell Eye Clinic 325-773-2083
1501 Columbia Street, Stamford

VERNON

Todd R. Smith, O. D. 940-552-2204
2030 Texas, Vernon

Haley Eye Clinic 940-553-4328
1918 Pease St, Vernon

AREA EYE DOCTORS

Dr. Morgan Moore 940-569-4131
902 W. Kramer Rd, Burkburnett

Maplewood Eye Care Center 940-696-0296
3631 Maplewood Ave., Wichita Falls

Haley Eye Clinic 940-553-4328
1901 Kemp Blvd., Wichita Falls

AREA LIONS CLUBS

The Lions Club is an international service organization that focuses on assisting youth in their local communities. Many clubs assist with getting eyeglasses for children if they do not qualify for Medicaid.

CHILLICOTHE

Chillicothe Lions Club
Contact: Brenda Dunlap,
Chillicothe Elementary School

CROWELL

Crowell Lions Club
Contact: Jim Rich, jingelect@dtnspeed.net

GRAHAM

Graham Noon Lions Club
Contact: dkb@wf.net

Graham Evening Lions Club
Contact: David Wolf, dwolf@grahamrmc.com

KNOX CITY

Knox City Lions Club
Contact: Carol Felts, carolzo@copper.net

MUNDAY

Munday Lions Club
Contact: William Fletcher
parsonfletch@yahoo.com



OLNEY

Olney Lions Club
Contact: Luren Campbell, lionbeatt@yahoo.com

PADUCAH

Paducah Lions Club
Contact: Ronald Cummings

QUANAH

Quanah Lions Club
Contact: Bill White, vrwbit@hotmail.com

SEYMOUR

Seymour Lions Club
Contact: Joe Shephard, jshephard@dtnspeed.net

VERNON

Vernon Lions Club
Contact: Amanda Anderson, vernontxlions.org

Texas Lions Camp - see page 15



**IMMUNIZATION
CLINICS**
**Clínicas de
inmunización**

Children with Medicaid or other insurance are advised to go to their family doctor for immunizations. The Texas Department of State Health Services provides immunizations according to State guidelines.

Check at your center for the current calendar provided by TDSHS. It is important to call **940-647-0156** or **940-574-2159** for appointments for any of these locations as dates and times are subject to change.

ARCHER CITY

Every Monday
9:00 am to noon or by appointment
TX Department of Health
509 S. Cedar, Archer City 940-574-2159

CHILLICOTHE

3rd Thursday of Oct, Jan, April, July
9:30 a.m.-11:30 a.m. & 1:00 p.m.-3:00 p.m.
*various locations 940-647-0156

CROWELL

Provided in September, December, April
9:30 -11:30 & 1:00 -3:00
*Given at the Crowell Housing Authority or elementary school 940-647-0156

GRAHAM

1st Tuesday
9:30 -11:30 & 1:00 - 3:00
*Given at McCree Hall, First United Methodist Church 940-574-2159

KNOX CITY

1st Tuesday or Wednesday of odd months
10:00 -11:30 & 1:15 - 3:15
*Given at the Knox City Housing Authority,
203 S.W. 4th, Knox City 940-647-0156

PADUCAH

Paducah Housing Authority
11 am - 2 pm
711 Richards St.
2nd Thursday of odd months 940-574-2159

QUANAH

Courthouse
Every other month 9:30 -11:30 & 1:00-3:00
Check for dates 940-647-0156

SEYMOUR

9:00 am to noon
3rd Wednesday
Sacred Heart Catholic Church Parish Hall
Seymour 940-574-2159

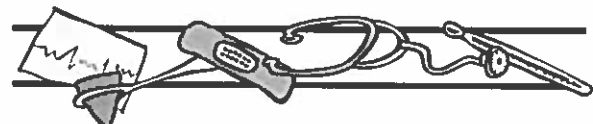
VERNON

1st Wednesday of the month
9:00 -11:30 & 1:00 - 4:00
Texas Department of State Health Services
1531 Cumberland, Vernon 940-647-0156



ImmTrac can help you and your doctor follow the optimal immunization schedule.

ImmTrac puede ayudar a usted y a su médico a seguir un programa óptimo de inmunización.



NUTRITIONAL SERVICES

Servicios de nutrición

Ruwani Walgama, RD, LD
Registered Dietician
Phone: 469-774-2552 walgama@att.net

La Leche League International: Provides mother-to-mother breastfeeding resources and support in English and Spanish. 877-452-5324

WIC PROGRAMS

Programas WIC



--Provides nutrition assistance for low income families with children up to age 5.

PLEASE CALL YOUR LOCAL WIC OFFICE FOR UP-TO-DATE SCHEDULES

ARCHER CITY

WIC- South Plains Community Action
509 S. Cedar 940-574-2513
Open Mondays. 7 am - 6 pm Closed 12-1 pm

CROWELL

WIC- South Plains Community Action
400 East California (Housing Authority)
Open 3rd Monday. 8 - 11 am
Call Vernon 940-552-8103

GRAHAM

WIC- South Plains Community Action
2015 Hwy 16 South, Suite C
Open Mondays, Tuesdays and 1st, 2nd & 4th
Thursdays. 7 am - 6 pm 940-549-9600

OLNEY

WIC- South Plains Community Action
1006 Arbor Street
Open Tuesdays. 9 - 5 pm Closed 12-1 pm
940-564-2047 or Archer City 940-574-2513

PADUCAH

WIC- South Plains Community Action
Paducah Housing Authority, 711 Richards
First Tuesday, 9:30 - 3 pm 806-290-2095

QUANAH

WIC- South Plains Community Action
300 S. Main 806-733-7315
3rd Monday of month. 12:30 am-5:00 pm

SEYMOUR

WIC- South Plains Community Action
108 S. Washington 940-888-2017
Mondays 7 am -6pm. & 3rd Tuesday 7 am - 6 pm
Closed 12 - 1 pm..

VERNON

WIC- South Plains Community Action
2400 Texas 940-552-8103
Mondays, Wednesdays, Thursdays
7 am - 6 pm & Tuesdays. 8 am- 7pm
Closed on 3rd Monday and 12-1 pm each day.

WIC 24-hour Breast Feeding Hotline

1-800-687-1252

WIC admin office: 1-800-200-7121



PRE-NATAL CARE AND SERVICES

Servicios y atención prenatal

Case Management for Children and Pregnant Women 940-761-7877
Wichita County Health Department
1700 Third St, Wichita Falls

The Center Satellite Center (Formerly called Pregnancy Help Center)
2300 Pease, Vernon 940-357-0220
*help women and families with testing, support, assistance, classes

The Help Center 940-761-3432
4011 Seymour Hwy, Wichita Falls

Outreach Family Life Center
*Pregnancy support and assistance
440 N. Main, Childress 940-937-6727

Inheritance Adoptions 940-322-3678
1007 Eleventh St. 1-800-425-2229
Wichita Falls

*offers parenting education, adoption services, counseling and assistance for prenatal care



TRANSPORTATION **Transporte**

SHARP Lines Rural Public Transportation
Crowell, TX 79227
1-800-633-0852

*Serving Foard, Cottle, Baylor, Wilbarger, and Hardeman Counties.

Double Mountain Coach
Public Transportation
1-800-722-0137 940-989-2239
Aspermont, TX 79502

*Serving Knox, Haskell, Jones, Kent, Stonewall, and Throckmorton Counties.

Medicaid Transportation Services
1-877-633-8747

*Call at least 48 hours before appointment for approval for transportation to medical, dental, counseling appointments.

CAR SEATS

Not sure which safety seat is right for your child?

Contact **Safe Riders** at 1-800-252-8255.

¿No está seguro de cuál es el mayor asiento para su niño?

Llame a **Safe Riders** at 1-800-252-8255.

Contact the **Texas Department of State Health Services** in your area for information about demonstrations and availability of free car seats for low income families.

HOUSING

Wichita Falls Temporary Emergency Housing

Wichita Falls Faith Mission 940-723-5663
Salvation Army 940-322-6713
First Step, Inc. 940-693-1993
Teen Emergency Shelter 940-322-7671

Phased-In Project 940-691-1400
For youth aging out of foster care system

Housing Authority

Archer City Housing Authority
223 S. Sycamore, Archer City
940-574-2241

Chillicothe Housing Authority
Contact Person: Patty Williams
940-852-5315

Crowell Housing Authority
400 E. California, Crowell
940-684-1212

Graham Subsidized Housing:
Oakview Apts. 940-549-6808
2010 Lindy Dr., Graham

Lone Oak Apts. 940-549-5151
1512 Carolina, Graham

Knox City Housing Authority 940-658-3612
203 SW 4th, Knox City

Munday Housing Authority 940-422-4941
131 W. Cisco, Munday

Olney Housing Authority 940-564-5639
302 W. Main St., Olney

Western Hts. Apts. (Income Based)
1408 West Elm, Olney 940-564-5071

Paducah Housing Authority 806-492-3788
711 Richard St., Paducah

Quanah Housing Authority 940-663-2738
McClellan Apts., Corner of 4th and McClellan

Seymour Housing Authority 940-889-3637
205 E. Idaho, Seymour

Vernon Housing Authority 940-552-5744
1111 Ross, Vernon

City of Wichita Falls - Section 8
Office - 1300 7th St. 940-761-7454

Wichita Falls Housing Authority
501 Webster St., Wichita Falls 940-723-8389





**SENIOR CITIZEN
CENTERS,
NURSING FACILITIES
& ASSISTED LIVING CENTERS**
Establecimientos de enfermería

ARCHER CITY

Archer Senior Service Center
202 E. Walnut, Archer City 940-574-4572

Vista Living of Archer
201 E. Chestnut, Archer City 940-574-4551

CHILLICOTHE

Chillicothe Senior Center - contact City Hall

CROWELL

Senior Citizens of Crowell
101 S. Browning St, Crowell 940-684-1780

Crowell Nursing Center
200 S. Ave. B, Crowell 940-684-1511

GRAHAM

Young County Senior Center
825 Fairview St, Graham 940-549-5451

Horizon Bay
1015 Cliff Dr., Graham 940-549-8181

Graham Oaks Care Center
1325 First Street, Graham
940-549-8787

Garden Terrace Health Care Center
1224 Corvadura St., Graham 940-549-4646

HOLLIDAY

Community Senior Center
201 N. Walnut, Holliday 940-
586-1963

KNOX CITY

Senior Center
107 N. Ave F., Knox City 940-657-3618

Brazos Valley Care Home
605 South Ave. F, Knox City 940-658-3543

MUNDAY

Munday Senior Center
131 W. Cisco 940-422-4941

Munday Nursing Center

OLNEY

Olney Sr. Cub Center/Meals on Wheels
302 S. Ave. B, Olney 940-564-2782

Grace Care Center of Olney
1402 W. Elm, Olney 940-564-5631

QUANAH

Quanah Senior Center
1410 Shaw St, Quanah 940-663-2412

SEYMOUR

Seymour Rehab & Healthcare
1110 Westview, Seymour 940-889-3176

Golden Years Assisted Living
900 W. Arkansas St, Seymour 940-889-3886

My Beach House Assisted Living
508 Donald St, Seymour 940-889-4911

VERNON

Chaparral Senior Center
4400 Augusta St., Vernon 940-552-6114

Advanced Rehab & Healthcare
4401 College Drive, Vernon 940-552-9316

Vista Living of Vernon
4301 Hospital Drive, Vernon 940-552-2568

Eagle Flats Village
4501 College Drive, Vernon 940-552-8181

**Texas Department of Aging & Disability
Services (DADS), see page 16.**

Area Agency on Aging of North Texas

4309 Jacksboro Hwy, Suite 200, Wichita Falls
1-800-460-2226 940-322-5281

*serves adults age 60+

Archer, Baylor, Cottle, Foard, Hardeman,
Wilbarger, Young & other counties.

**Area Agency on Aging - West Central
Texas**

3702 Loop 322, Abilene
1-800-928-2262 325-793-8490

*serves Knox county and area.

CITIZENSHIP INFORMATION **Ciudadanía información**

Region 9 Educational Service Center
301 Loop 11, Wichita Falls
940-322-6928

*offers ESL Citizenship classes

Our Lady of Guadalupe Catholic Church
421 Marconi, Wichita Falls
940-766-2735

Catholic Charities of Fort Worth
907 Holliday Street, Wichita Falls
*provides immigration services by
appointment only. 940-716-9669
Service fees do apply.

SUBSTANCE ABUSE & CHEMICAL DEPENDENCY **Abuso de sustancias**

GRAHAM
Turning Point, NTCOSA
601 Indiana St. 940-549-2799
Graham, TX 24-hr Hotline 940-521-8432
*Out-patient services and counseling.
www.turningpointgraham.com

PADUCAH
Alcoholism Program 806-492-3612
Paducah (Night) 806-492-3157

QUANAH
Alcoholics Anonymous
7:15 pm on Tuesdays at Hardeman County
Memorial Hospital, 2nd Floor
402 Mercer St., Quanah

SEYMOUR
Alcoholics Anonymous 940-206-9663
Meets on 1st, 2nd, & 4th Tuesdays & 3rd
Thursday of month at Baylor County Extension
building, 500 N. Main St, Seymour

VERNON
Alcoholics Anonymous
Meets on Mondays & Wednesdays, 8:00 pm
1719 Indian St., Vernon
940-257-1070 or 940-414-1502

Celebrate Recovery 940-553-4351
Calvary Baptist Church
2003 Fannin St, Vernon
Meets on Thursdays, 5:15 pm,
Child care provided

New Hope North Town Center Narcotics Anon
2606 McKinney at Vernon Housing Authority.

Narcotics Anonymous
Lockett Church of Christ building, side door
Tues, Fri & Sun, 7:00 pm 940-886-6800

WICHITA FALLS

The Serenity House Wichita Falls Treatment
Center

3100 5th Street, Suite 111

Wichita Falls 76301 866-795-HOPE

*Out-patient treatment, counseling and
prevention education.

The Recovery Center
2501 Taylor St., Wichita Falls 940-761-3034
www.redriverrecovery.com 1-866-937-7772

Red River Hospital 940-322-3171
1505 8th, Wichita Falls 1-800-234-5809

Alcoholics Anonymous 940-322-3213
212-870-3400

Al-Anon & Al-Teen 940-767-0844
*serves all area counties 888-4AL-ANON

AREA

The Serenity House of Abilene
1546 N. 2nd St. Toll free 866-795-HOPE
Abilene, TX, 79601 325-673-6489
*provides in-patient drug & alcoholism treat-
ment for adults & offers outpatient treatment &
prevention services to children ages 5 - 17.

Abilene Behavioral Health
4225 Woods Place 325-698-6600
Abilene 1-800-335-3498
*Help with drug, alcoholism, behavior issues

Abilene Regional Council on Alcohol and Drug
Abuse (ARCADA)
104 Pine St, Suite 210 1-800-588-8728
Abilene 325-673-2242 Ext. 100

Texas Substance Abuse Hotline 1-877-966-3784

Narcotics Anonymous 1-818-773-9999



Quit by Phone 1-877-Yes Quit
Quit Online www.yesquit.org
English & Spanish

Helpful Numbers for Medicaid / CHIP / Health

Community and HHSC Information	2-1-1
Medicaid Hotline	1-800-252-8263
CHIP Call Center	1-800-647-6558
HHSC Office of the Ombudsman - Complaints	1-877-787-8999
STAR Enrollment	1-800-964-2777
Food Stamp Application Assistance Wichita Falls Area Food Bank	940-636-8240
Medical Transportation (MTP)	1-877-633-8747
Texas Health Steps (THSteps)	1-877-847-8377
• Find CPW Case Management	
• Find THSteps Providers	
THSteps Provider Relations	
• Help with THSteps Medical or Dental providers	
Amanda Vernon	325-795-5867
Ronnie Laurance	325-795-5866
OCA Community Partnership Specialist Kevin Orr	325-795-5876
Healthy Texas Women Program https://www.healthytexaswomen.org	1-866-993-9972

Updated July 2018

CHIP Health Plans

Molina Member Services 1-866-449-6849
http://www.molinahealthcare.com/medicaid/members/tx/handbook/pages/provider_directory.aspx

Superior Member Services 1-800-820-5685
<http://www.superiorhealthplan.com/for-members/find-a-doctor/>

Medicaid Health Plans

Amerigroup Community Care 1-800-600-4441
<https://www.myamerigroup.com/English/Medicaid/TX/Pages/Texas.aspx>

FirstCare 1-800-431-7798
http://www.firstcare.com/STAR_Medicaid

Superior Health Plan 1-800-783-5386
<http://www.superiorhealthplan.com/for-members/find-a-doctor/>

Medicaid/CHIP Dental Plans

DentaQuest 1-800-508-6781
<http://www.dentaquesttexas.com/en/index.php>

MCNA 1-855-691-6262
<http://www.mcnatx.net/members>

Updated July 2018

Helpful Toll-Free Numbers & Websites

Finding Services Help finding information and referrals to the Health and Human Services Commission (HHSC), community organizations, and volunteer opportunities.	www.211texas.org/211 2-1-1 option 1 or 1-877-541-7905
Case Management for Children and Pregnant Women Help finding services for newborn children through 20 years of age with a health condition/health risk and for high-risk pregnant women of all ages.	1-877-THSTEPS or 1-877-847-8377
Changes in Family Information Assistance in making address, telephone, or family changes.	www.YourTexasBenefits.com Or 2-1-1 option 2
Children's Health Insurance Program (CHIP) Low-cost health insurance for children from birth through age 18.	www.chipmedicaid.org <u>Eligibility:</u> 2-1-1 option 2 1-877-541-7905 Fax: 1-877-447-2839 <u>Enrollment:</u> 1-800-964-2777 Fax: 1-855-671-6038 www.YourTexasBenefits.com
Client Billing Questions Fee-for-service/regular Medicaid. STAR/STAR+PLUS Medicaid and/or Children's Medicaid Dental Services.	1-800-335-8957 Call your medical/dental plan
Family and Community Health Services Information on health services for women, children, and children with special health care needs.	1-800-252-8023
HHSC Ombudsman Office Helps the public when an agency's normal complaint process cannot or does not satisfactorily resolve the issue.	http://www.hhsc.state.tx.us/ombudsman/ Managed Care Assistance Team: 1-866-566-8989 Relay 1-800-735-2989
Medical Transportation Program Help in arranging transportation to health-related activities. Medicaid offers transportation services to all Medicaid recipients. Transportation provided is to and from any Medicaid covered service (e.g., medical and dental appointments, pharmacy, etc.).	1-877-MED-TRIP or 1-877-633-8747 (M-F 8 a.m. to 5 p.m.) https://www.hhsc.state.tx.us/QuickAnswers/index.shtml#Get_Ride
STAR/STAR+PLUS Program and/or Children's Medicaid Dental Services Help enrolling into a managed care medical or dental plan and selecting a main doctor or main dentist.	1-800-964-2777 TTY 1-800-267-5008
Medicaid Managed Care Helpline Additional assistance with more complex issues of Medicaid managed care.	1-866-566-8989
Texas Health Steps Help finding Medicaid medical and dental providers for children birth through age 20.	http://www.mychildrensmedicaid.org/ 1-877-THSTEPS or 1-877-847-8377
Women, Infants, and Children (WIC) Program Nutrition counseling and food assistance program for women, infants, and children up to age five years	TexasWIC.org 1-800-942-3678
Healthy Texas Women Program Provides low-income women with gynecological exams, related health screenings, and birth control through Texas Medicaid	http://www.healthytexaswomen.org Call 2-1-1, select the language and press 2 or call 1-877-541-7905
Your Texas Benefits Medicaid ID Card Call to report any problems with the card or to order a new one.	www.YourTexasBenefits.com 1-855-827-3748

Helpful Numbers in your area (MRSA West) are:

Amerigroup 1-800-600-4441
FirstCare STAR 1-800-431-7798
Superior HealthPlan 1-877-644-4494

DentaQuest 1-800-516-0165
MCNA Dental 1-855-691-6262

Health Insurance Marketplace 1-800-318-2596 www.healthcare.gov



April 2017 MAXIMUS



TEXAS
Health and Human
Services

TEXAS STAR
Your Health Plan ★ Your Choice

Números Gratis de Uso Frecuente & Sitios de Internet

Encontrando los Servicios Ayuda para encontrar información y recomendaciones a las organizaciones comunitarias de la Comisión de Salud y Servicios Humanos (HHSC), y las oportunidades de voluntariado.	www.211texas.org/211 2-1-1 opción 1 o 1-877-541-7905
Administración de Casos para Niños y Mujeres Embarazadas Ayuda para encontrar los servicios para niños con una condición médica / riesgo médico desde su nacimiento hasta los 20 años de edad y las mujeres que tienen un embarazo de alto riesgo sin importar su edad.	1-877-THSTEPS o 1-877-847-8377
Cambios de la Información Familiar Ayuda para hacer cambios de la información de la dirección, teléfono, o información familiar.	www.YourTexasBenefits.com o 2-1-1 opción 2
Programa de Seguro Médico para Niños (CHIP) Seguro médico de bajo costo para niños desde nacer hasta los 18 años de edad.	www.chipmedicaid.org Beneficios: 2-1-1 opción 2 1-877-541-7905 Fax: 1-877-447-2839 Inscripciones: 1-800-964-2777 Fax: 1-855-671-6038 www.YourTexasBenefits.com
Preguntas sobre Facturación de las Personas con Beneficios Cuota-por-servicio / Medicaid tradicional. STAR / STAR+PLUS Medicaid y/o Servicios Dentales de Medicaid para Niños.	1-800-335-8957 Llame a su plan médico/dental
Servicios Familiares y Comunitarias de Salud Información sobre los servicios médicos para mujeres, niños, y los niños con necesidades de cuidados médicos especiales.	1-800-252-8023
Oficina del Ombudsman de HHSC Ayuda al público cuando el proceso normal de quejas de una agencia no puede o no resuelve un asunto de manera satisfactoria.	http://www.hhsc.state.tx.us/ombudsman/ Línea de ayuda de Atención Médica Administrada: 1-866-566-8989Relay 1-800-735-2989
Programa de Transporte Médico Ayuda para hacer los arreglos de transporte a las actividades relacionadas con la salud. Medicaid ofrece los servicios de transporte a todas las personas con beneficios de Medicaid. El transporte que se proporciona es la ida y la vuelta a cualquier servicio cubierto por Medicaid (p.j., citas médicas y dentales, farmacia, etc.).	1-877-MED-TRIP o 1-877-633-8747 (lunes a viernes de 8 a.m. a 5 p.m.) https://www.hhsc.state.tx.us/QuickAnswers/index.shtml#Get_Ride
Programa STAR/STAR+PLUS y/o Servicios Dentales de Medicaid para Niños Ayuda para inscribirse en un plan de atención médica o dental administrado y para escoger un doctor principal o un dentista principal.	1-800-964-2777 TTY 1-800-267-5008
Línea de Ayuda de Atención Médica Administrada de Medicaid Ayuda adicional para asuntos más complejos de atención médica administrada de Medicaid.	1-866-566-8989
Pasos Sanos de Tejas Ayuda para encontrar los proveedores médicos y dentales de Medicaid para los niños desde su nacimiento hasta los 20 años de edad.	http://www.mychildrensmedicaid.org/ 1-877-THSTEPS o 1-877-847-8377
Programa de Mujeres, Bebés y Niños (WIC) Programa de orientación nutricional y ayuda alimenticia para las mujeres, bebés, y niños	TexasWIC.org 1-800-942-3678
El programa Healthy Texas Women Brinda servicios de exámenes ginecológicos, las pruebas de detección relacionadas, y los servicios de anticonceptivos por medio de Medicaid de Texas para las mujeres de bajos ingresos.	Llame al 2-1-1, escoja un idioma y luego oprima el 2 o llame al 1-877-541-7905 http://www.healthytexaswomen.org
Tarjeta de Identificación de Your Texas Benefits de Medicaid Llame para reportar algún problema con la tarjeta o para pedir una tarjeta nueva.	www.YourTexasBenefits.com 1-855-827-3748

Números de uso frecuente en su (MRSA West) área:

Amerigroup 1-800-600-4441
FirstCare STAR 1-800-431-7798
Superior HealthPlan 1-877-644-4494

DentaQuest 1-800-516-0165
MCNA Dental 1-855-691-6262

Health Insurance Marketplace 1-800-318-2596 www.healthcare.gov

TOLL-FREE NUMBERS

Association for Retarded Citizens	1-800-252-9729
Alzheimer's Association	1-800-272-3900
American Cancer Society	1-800-ACS-2345
American Diabetes Association	1-800-ADA DISC
Assistance for the Blind	1-800-252-5204
Attention Deficit Disorder Association	1-800-487-2282
Caring for Children Foundation of Texas	1-800-258-5437
(Access to immunizations and health care to un-insured children through Care Ban program)	
Comprehensive Care Program	1-800-252-8263
Crime Victims Compensation	1-800-983-9933
Cystic Fibrosis Foundation	1-800-FIGHT CF
Early Childhood Intervention Care Line	1-800-250-2246
Lawyer Referral	1-800-252-9690
Legal Aid of North West Texas	1-800-926-5542
Medicaid Information	1-800-252-8263
Medically Dependent Children Program	1-800-252-8023
Medicare Information	1-800-442-2620
National AIDS Hotline	1-800-342-2437
National Association for Sickle Cell Disease	1-800-421-8453
National Council on Alcoholism & Drug Dependence, Inc.	1-800-NCA-CALL
National Health Information Center	1-800-336-4797
Parent Special Education Hotline	1-800-252-9668
Partnership for Assisting Texans with Handicap	1-800-866-4726
Physician Referral	1-800-982-9799
Poison Control Center	1-800-222-1222
Social Security Administration	1-800-772-1213
The National Center for Stuttering	1-800-221-2483
TDH-Family Health Care Services & Referrals	1-800-422-2956
Texas Attorney Generals Office	1-800-252-8014

Texas Crime Stoppers	1-800-252-8477
Texas Library for the Blind	1-800-252-9605
Texas Literacy Council	1-800-441-7323
Texas MHMR In-Home Family Support	1-800-252-8154
Women's, Infants,& Children's (WIC)	1-800-942-3678
Y-ME (Breast Cancer)	1-800-221-2141

CRISIS HOTLINE NUMBERS:

Child Find/Missing Children	1-800-426-5678
Child/Elderly/Disabled Abuse	1-800-252-5400
Crisis Intervention Hot Line	1-800-621-8504
Family Law Hotline	1-800-777-3247
Family Violence	1-800-441-5555
Family Violence Legal Line	1-800-374-4673
First Step, Inc.	
-Women's Shelter & Sexual Assault Counseling	1-800-658-2683
Helen Farabee Crisis Hotline	1-800-621-8504
Missing Persons Clearinghouse	1-800-346-3243
National Hotline for Battered Women	1-800-333-SAFE
Parents Anonymous/Texas Parent Heartline	1-800-554-2323
Red River Hospital	1-800-234-5809
Texas Youth & Runaway Hotline	1-800-989-6884
The Noah Project (Haskell)	
-Family Violence Shelter	1-800-444-3551
National Domestic Violence Hotline	1-800-799-7233
Texas Baby Moses Hotline	1-877-904-7283
Poison Control Center - Emergency	1-800-222-1222

Useful Websites and Contact Information

FIND OUT ABOUT FINANCIAL AID

Student Aid on the Web

www.studentaid.ed.gov

At this U.S. Department of Education's Federal Student Aid website you can

- Find detailed information on Federal Student Aid programs; research school and career choices; learn about the entire federal student aid process, eligibility, and the application process; and access other Federal Student Aid websites and publications online.
- Create a "MySA" account, a federal student aid personalized folder to help you decide on a career, research schools, and find scholarships. Track your progress in the college planning and application process and access other sources of nonfederal aid.

APPLY FOR FINANCIAL AID

FAFSA on the WebSM

www.fafsa.gov

Apply for federal student aid online using FAFSA on the WebSM (the online version of the *Free Application for Federal Student Aid*, or FAFSASM.)

ACCESS YOUR FEDERAL LOAN RECORDS

National Student Loan Data SystemSM (NSLDSSM)

www.nsls.ed.gov

Use your Federal Student Aid PIN to access your federal student loan records and obtain contact information on your loan servicer.

U.S. ARMED FORCES

www.studentaid.ed.gov/military

If you are in the armed forces or have a family member in the service, visit this site to find out more about grants, repayment, and forgiveness options.

REPORT STUDENT AID FRAUD

Office of Inspector General Hotline

www.ed.gov/misused

To report student aid fraud (including identity theft), waste, or abuse of U.S. Department of Education funds.

1-800-MIS-USED (1-800-647-8733)

E-mail: oig.hotline@ed.gov

CONTACT US

U.S. Department of Education Federal Student Aid Information Center (FSAIC)

1-800-4-FED-AID (1-800-433-3243)

P.O. Box 84
Washington, DC 20044-0084

TTY users can call 1-800-730-8913.

Callers in locations without access to 1-800 numbers may call 319-337-5665 (this is not a toll-free number).

The FSAIC staff will answer your federal student aid questions and provide you with:

- information about federal student aid programs,
- help completing the FAFSA,
- help making any corrections or updates to your FAFSA,
- help understanding your *Student Aid Report* (SAR), which contains your application results,
- information about the process of determining financial need and awarding aid, and
- general information about your current federal student loans.

You also can use an automated response system at the FSAIC to find out if your FAFSA has been processed and to request a copy of your *Student Aid Report* (SAR). Or you can write to the FSAIC.

State Higher Education Agencies

www.ed.gov/Programs/bastmp/SHEA.htm (case-sensitive)

List of agencies responsible for administering state financial aid programs.